



THE ASSOCIATION OF KANNADA KOOTAS OF AMERICA
IN CONJUNCTION WITH
THE CHICAGO MEDICAL SOCIETY
PRESENTS



5th AKKA WORLD KANNADA
CME CONFERENCE 2008

Donald E. Stephens Convention Center, Rosemont, IL

CME POTPOURRI FEATURING RECENT
CLINICAL ADVANCES & GLOBAL HEALTH ISSUES

Program

CME Credits: 9 Category 1 Hours

On-Site Registration

Saturday, August 30, 2008 - 12 Noon to 12:30 PM

Session I Saturday, August 30, 2008 - 12:30 PM to 5:30 PM

Session 2 Sunday, August 31, 2008 - 8 AM to 1 PM

Target Audience

Physicians and healthcare professionals who are family practitioners, internists, psychiatrists, psychologists, endocrinologists, hematologists, oncologists, nephrologists, and nurses in these specialties will benefit from this CME activity.

This educational activity is designed to update, reinforce, and provide new information on common health problems and to increase physician awareness on current global health issues.

This CME program is supported by educational grants from Amylin-Eli Lilly, and Forest Pharmaceuticals .

LEARNING OBJECTIVES

At the conclusion of each of the learning activities, participants should be able to perform the functions mentioned with the title:

Saturday, August 30, 2008

Incretins: The New Kids on the Block: Role in the treatment of Type 2 Diabetes

- Identify the mechanism of action of Incretin therapy in the Pathophysiology of Type 2 Diabetes
- Summarize the advantages of Incretin therapy in clinical practice to achieve both weight loss and glycemic goals to prevent long term complications of Diabetes

Optimizing Insulin Therapy: Challenges and Solutions

- Identify the barriers to insulin initiation and therapy and describe the solutions to overcome them
- Summarize the advantages of using the newer insulin analogues in clinical practice to achieve glycemic goals to prevent long term complications

Physician Wellness

- Define the risk factors that contribute to stress in the profession of medicine
- Discuss choices available to manage the stress and the help that is available to physicians who are having difficulty coping

Allogeneic Bone Marrow and Stem Cell Transplantation: An Overview of its role in Hematopoietic Malignancies and in Hemoglobinopathies

- List the hematological and oncological indications for stem cell / bone marrow transplantation and current day results of these procedures
- Review the long term complications associated with stem cell / bone marrow transplantation and describe the various issues in post transplant care

Healthcare without Borders? The Concept of Medical Tourism; The Specific Case of Organ Transplantation

- Describe the difficulties associated with procuring organs for transplantation for end-stage organ disease (kidney, liver etc) in the United States
- Discuss options that are available outside the United States for patients needing organ transplant
- Recognize the problems and complications associated with organ transplants obtained outside the US
- Define the ethical issues associated with “transplant tourism”

Sunday, August 31, 2008

The HIV Epidemic in India: Opportunities for Indo-American Collaboration in Advancing Global Health

- Recognize the magnitude of the HIV epidemic in India as compared to USA
- Recognize the economic impact of the HIV epidemic on India, the potential impacts on USA, & the global economy
- Analyze the potential for collaborative research with India in advancing global health

Update on Depression

- Define the presentation and symptoms of depression in general practice especially within the South Asian population
- Assess suicidality
- Recognize comorbidity between depression and specific medical illnesses
- Use appropriate choice of pharmacological agents and recognize when to refer to specialists

Alzheimer's Disease- What is New?

- Recognize the presentation of dementia in general practice with special emphasis on Alzheimer's Disease
- Define the concept of Mild Cognitive Impairment (MCI) and differentiate from dementias and depression

Climate Change and Human Health

Part I Climate Change: Health Impacts on Adults and Children

- Describe the current scientific consensus on the "what", "when", and "why" of climate change
- Anticipate the likely major adverse impacts of climate change on public health, including heat stress, morbidity, and mortality; extreme weather events, with associated casualties and impacts; and worsening of the health effects of conventional air pollution
- Describe emerging concerns of adverse impacts of climate change on vector-borne diseases, and food and water security
- Compare the public health impacts of climate change on developing countries developed countries

Part II Taking Action to Protect Health in a Changing Climate

- Describe the need for simultaneous, urgent, local to global mitigation of and adaptation to climate change based upon latest scientific studies
- Discuss the importance of specific strategies for adaptation appropriate to local and regional conditions and vulnerable populations
- Discuss specific strategies for mitigation at the personal, professional and political level
- Participate in and/or help develop multi-disciplinary groups to work on locally relevant climate change mitigation/adaptation action plans

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Chicago Medical Society and the Association of the Kannada Kootas of America (AKKA). The Chicago Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Chicago Medical Society designates this educational activity for a maximum of 9 category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Speaker's Disclosures

In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all planners and speakers involved in the development of CME content are required to disclose to the accredited provider their relevant financial relationships. The following are physician disclosures:

Dr. Koen Van Besien - investigator and consultant for Genzyme Corporation.

Dr. Angelos Halaris and Dr. Murali Rao - speakers for Forest Pharmaceuticals.

Dr. Sankaran Sundar -

Novartis - Principal Investigator Phase 1 Ascertain Trial - Travel Grant for CME Program & Asia Pacific Congress 2008

Roche - CME Travel Grants

Panacea Biotec - Post Marketing Drug Surveillance Study Grants

Emcure Pharmaceuticals (India) - Post Marketing Drug Surveillance Study Grants

Biocon India - Post Marketing Drug Surveillance Study Grants

Notice

Faculty, topics, program schedule and credit hours are subject to change. Audio-taping or video-taping is prohibited without written permission of the Course Director and the Chicago Medical Society.

CME CONFERENCE PLANNING FACULTY



CME COMMITTEE CHAIR & COURSE DIRECTOR

Sudha Rao, MD, FAAP

Professor of Pediatrics, Northwestern University Feinberg School of Medicine
Division of Pediatric Hematology-Oncology-Transplantation
Director, Day Hospital, Children's Memorial Hospital, Chicago, IL



CME COMMITTEE CO-CHAIR

Indu Vence, MD

Department of Family Medicine, Advocate Health Group
Attending Physician, Lutheran General Hospital, Park Ridge, IL

Members:



Ambika Babu, MD

Assistant Professor of Medicine, Rush University Medical Center
Internist-Endocrinologist
Division of Endocrinology, Stroger Hospital of Cook County, Chicago, IL



Pradeep Kadambi, MD

Assistant Professor of Medicine,
University of Chicago Pritzker School of Medicine
Director, Nephrology Physician Directed Practice
Section of Nephrology, University of Chicago Medical Center, Chicago, IL



Sarode Pundaleeka, MD - Moderator, Session 1

Internist-Oncologist, Provena St. Joseph Medical Center, Joliet, IL &
Silver Cross Hospital – Joliet and Bolingbrook, IL
President, Joliet Oncology-Hematology Associates Ltd., Joliet, IL
Clinical Associate, University of Chicago Medical Center, Chicago, IL



Murali Rao, MD, DFAPA, FAPM

Associate Professor of Psychiatry and Behavioral Neurosciences, Loyola Stritch School of Medicine
Director, Consultation and Liaison Psychiatry
& Director, Geriatric Psychiatry
Loyola University Medical Center, Maywood, IL



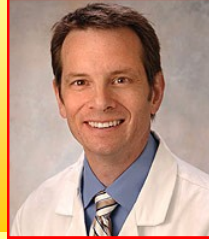
Dharmapuri Vidyasagar MD, FAAP—Moderator, Session 2

Professor of Pediatrics and (Retired Head), Division of Neonatology
University of Illinois College of Medicine, Chicago, IL
Member, American Academy of Pediatrics, Sections on International Child Health & Perinatal
Medicine
Consultant, Joint Commission International

CONFERENCE FACULTY



Arcot Dwarakanathan MD, FACE.
Medical Director, Diabetes Center,
St. James Hospital and Health Center
Chicago Heights, IL
Associate Professor of Medicine,
Rush University Medical Center
& Midwestern University



Robert Harland, MD
Director, Renal and Pancreatic Transplant Program
Associate Professor of Surgery and Medicine
University of Chicago Pritzker School of Medicine, Chicago, IL



Evelyn Lacuesta, MD, FACE
Associate Program Director,
Endocrine Fellowship Program
Rush University Medical Center
Assistant Professor of Medicine,
Rush University Medical Center
Senior Attending Physician,
Stroger Hospital of Cook County



Vijay Yeldandi, MD, FACP, FCC
Program Director, Resurrection-Westlake Internal Medicine Residency Program
Clinical Associate Professor,
Loyola University Stritch School of Medicine, Maywood, IL



Martin Doot, MD
Medical Director, Advocate
Addiction Treatment Program
Vice President, Medical Services,
Lutheran General Health System, IL
Treasurer, Illinois Society of
Addiction Medicine



Angelos Halaris, MD, PhD, APA, ACNP, CIMP
Professor and Department Chairman,
Psychiatry and Behavioral Neuro-Sciences
Loyola University Stritch School of Medicine, Maywood, IL



Koen Van Besien, MD
Director, Stem Cell Transplant
Professor of Medicine,
University of Chicago Pritzker
School of Medicine
Chicago, IL



Murali Rao, MD, DFAPA, FAPM
Associate Professor, Psychiatry and Behavioral Neurosciences
Director, Consultation and Liaison
Psychiatry; Director, Geriatric
Psychiatry, Loyola University Medical
Center, Maywood, IL



Shankaran Sundar MD, DNB
Director and Chief Nephrologist,
Karnataka Nephrology and Transplant Institute
Chief Nephrologist, Columbia Asia
Hospitals, Koshys Hospital,
Bangalore Baptist Hospital,
Bangalore, India



Howard Hu, MD, MPH, ScD.
Chair & Professor,
Department of Environmental Health
Sciences
University of Michigan School of
Public Health,
Ann Arbor, MI



Sally Satel, MD
Lecturer,
Yale University School of Medicine
New Haven, CT
Staff Psychiatrist, Oasis Clinic,
Washington, DC



Katherine Shea, MD, MPH.
Adjunct Professor,
Maternal and Child Health
University of North Carolina School
of Public Health
Director, Community Responding to
Community Health, Raleigh, NC

Program Agenda

Session I 08/30/08 MODERATOR : SARODE PUNDALEEKA, MD

Time	Speaker and Topic
12:30 PM-12:35 PM	Opening Remarks, Introduction of Speakers
12:35PM -1:20 PM	Diabetes Theme: What is new in Diabetes therapy? Incretins: The New Kids on the Block: Role in the treatment of Type 2 Diabetes Arcot Dwarakanathan, MD, FACE Medical Director, Diabetes Center St.James Hospital and Health Center Associate Professor of Medicine, Rush University Medical Center & Midwestern University
1:20 PM-2:00 PM	Optimizing Insulin Therapy: Challenges and Solutions Evelyn Lacuesta, MD, FACE Associate Program Director, Endocrine Fellowship Program Rush University Medical Center Assistant Professor of Medicine, Rush University Medical Center Senior Attending Physician, Stroger Hospital of Cook County
2-2:40 PM	Physician Wellness Martin Doot, MD Medical Director, Advocate Addiction Treatment Program, Vice President, Medical Services, Lutheran General Health System, Park Ridge, IL
2.40-3.00 PM	Coffee Break
3.00-3.45 PM	Allogeneic Bone Marrow and Stem Cell Transplantation: An Overview of its role in Hematopoietic Malignancies and in Hemoglobinopathies Koen Van Besien, MD Professor of Medicine, University of Chicago Pritzker School of Medicine, Chicago, IL Director, Stem Cell Transplant, University of Chicago
3.45-5.15 PM	Healthcare without borders? The concept of Medical Tourism; the specific case of Organ Transplantation”.
3:45– 4:15 PM	The Rise of Medical Tourism in India Shankaran Sundar MBBS, MD, DNB Director and Chief Nephrologist, Karnataka Nephrology and Transplant Institute (KANTI), Lakeside Medical Center and Hospital Chief Nephrologist, Columbia Asia Hospitals, Koshys Hospital, Bangalore Baptist Hospital, Professor of Nephrology, Vydehi Institute of Medical Sciences, India
4:15 PM - 4:45 PM	Benefits of Off-Shore Health Care Sally Satel, MD Lecturer, Yale University School of Medicine, New Haven, CT Staff Psychiatrist, Oasis Clinic, Washington, DC
4:45 PM-5:15 PM	Challenges and Controversies in Globalization of Healthcare Robert Harland, MD Director, Renal and Pancreatic Transplant Program Associate Professor of Surgery and Medicine, University of Chicago, Chicago, IL
5:15 PM-5:30 PM	Closing Remarks

Program Agenda

Session II 08/31/08: MODERATOR – DHARMAPURI VIDYASAGAR, MD

Time	Topic & Speaker
8 AM– 8:05 AM	Opening Remarks
8:05 AM – 8:45 AM	The HIV Epidemic in India: Opportunities for Indo-American Collaboration in Advancing Global Health Vijay Yeldandi, MD, FACP, FCCP Program Director, Resurrection-Westlake Internal Medicine Residency program Clinical Associate Professor, Loyola University Stritch School of Medicine Maywood, IL
8:45 AM– 9:20 AM	Update on Depression Angelos Halaris, MD, PhD, APA, ACNP, CINP Professor and Department Chairman, Psychiatry and Behavioral Neurosciences Loyola University Stritch School of Medicine, Maywood, IL
9:20 AM– 9:55 AM	Alzheimer’s Disease: What is New? Murali Rao, MD, DFAPA, FAPM Associate Professor, Psychiatry and Behavioral Neurosciences Director, Consultation and Liaison Psychiatry Director, Geriatric Psychiatry, Loyola University Medical Center, Maywood, IL
9:55 AM— 10:15 AM	Panel Discussion on Depression and Alzheimer’s Disease Dr. Angelos Halaris & Dr. Murali Rao
10:15 AM – 10:30 AM	Break
10:30 AM – 12:45PM	Impact of Climate Change on Human Health
10:30 AM – 11:15 AM	Climate Change: Health Impacts on Adults & Children Howard Hu, MD, MPH, ScD. Chair & Professor, Department of Environmental Health Sciences University of Michigan, Ann Arbor, MI
11:15 AM – 12:00 PM	Taking Action to Protect Health in a Changing Climate Katherine Shea, MD, MPH. Adjunct Professor, Maternal and Child Health University of North Carolina School of Public Health Director, Community Responding to Community Health Raleigh, NC
12:00 NOON–12:45 PM	Panel Discussion on Climate Change Drs. Howard Hu and Katherine Shea
12:45 PM -1:00 PM	EVALUATIONS AND CLOSING REMARKS

EVALUATION FORMS NEED TO BE TURNED IN TO RECEIVE CME CREDIT.

**5TH WORLD KANNADA CME CONFERENCE
PRESENTED BY
ASSOCIATION OF KANNADA KOOTAS OF AMERICA
IN CONJUNCTION WITH THE CHICAGO MEDICAL SOCIETY**



**THANK YOU FOR ATTENDING THE CME CONFERENCE.
KINDLY SUBMIT COMPLETED EVALUATION FORMS TO RECEIVE CME
CREDITS FROM THE CHICAGO MEDICAL SOCIETY.**